

THE PRIORY ACADEMY

**LSST**

**Sixth Form Induction Day**

**Health and Social Care Taster Session**



# Activity Part 1

On A3 paper, construct a time line of a humans life. You should include:

- Age ranges
- Age categories
- Physical events
- Intellectual events



# Activity Part 2

Sort the cards into the Human Life Span.

The headings cards are in **BOLD**.



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# ANSWERS

| Age Range | Age Category     | Physical Events   | Intellectual Events  |
|-----------|------------------|---|--|
| 0-2       | Infancy          | Development milestones e.g. primitive reflexes, climbing furniture, building a small tower with blocks.               | Cooing and babbling noises. Beginnings of the use of language.   |
| 3-8       | Early Childhood  | Development of gross motor skills e.g. balancing on one foot, learning to skip and ride a bike.                       | Use clear sentences, share stories and rhymes, play word games and riddles.  |
| 9-18      | Adolescence      | Development of primary and secondary sexual characteristics... puberty.   | Read a wide range of books. Discuss ideas and deliver presentations.   |
| 19-45     | Early Adulthood  | Physical strength peaks, pregnancy and perimenopause.   | Apply knowledge they have gained during their life. Think logically and find realistic answers.  |
| 46-65     | Middle Adulthood | The menopause, changes in body shape e.g. increased waistline and loss of skin elasticity.                            | Apply knowledge they have gained during their life. Think logically and find realistic answers. Though there may be a gradual decline in processing speed. |
| 65+       | Later Adulthood  | Deterioration of health e.g. losing up to 5cm in height, visual and hearing problems, reduction in muscular strength. | Longer to learn and recall information. Memory lapses.   |



# Activity Part 3

Use the sorted cards to improve your original timeline.



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# The Course

Examination= 50%  
Coursework= 40%

| Unit | Year | Exam/CWK   | %  |
|------|------|------------|----|
| 1    | 12   | Exam       | 25 |
| 2    | 13   | Exam       | 25 |
| 3    | 13   | Coursework | 25 |
| 7    | 12   | Coursework | 25 |



# Grading

The AAQ Health and Social Care qualification is equivalent to 1 A-Level.

| Grade         | Equivalent to... |
|---------------|------------------|
| Distinction * | A*               |
| Distinction   | A                |
| Merit         | C                |
| Pass          | E                |



# Year 12 Examination

## Unit 1: Human Lifespan Development

- A. Human growth and development across the life stages.
- B. Factors affecting human growth and development.
- C. Health and social care promotion, prevention and treatment at different life stages



# Year 12 Coursework

## Unit 7: Health Science

- A. Understand the concepts of microbiology relevant to health science.
- B. Examine the cause and spread of disease in humans.
- C. Understand the factors that can influence the development of diseases and infections.
- D. Investigate the impact of diseases and their treatment in a global context.



# Year 13 Exam

## Unit 2: Human Biology and Health

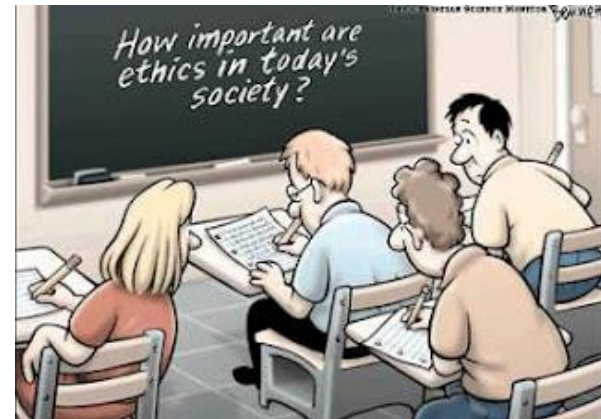
- A. Organisation of the human body
- B. Body systems
- C. Disorders of the body and effect on body systems



# Year 13 Coursework

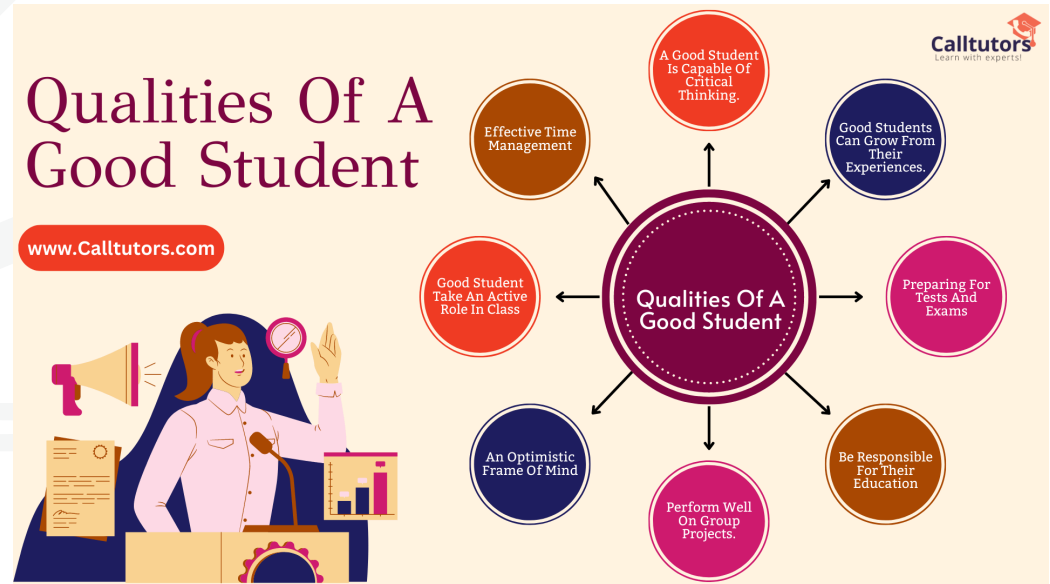
## Unit 5: Principles of Health and Social Care Practice

- A. Understand the principles of health and social care practice which underpin meeting the care and support needs of individuals.
- B. Examine how organisations, legislation and guidance inform practice in health and social care
- C. Examine how social determinants affect the health status of individuals and the importance of equality, diversity and inclusion in practice



# Qualities of a good Health and Social Care student.

- Time management
- Self-motivation
- Enthusiasm
- Critical thinking
- Active listening
- Responsible
- Pro-active



# Careers

- Nursing
- Midwifery
- Paramedic Science
- Social worker
- Occupational therapist
- Care worker



# What do I need to do to prepare before September?

- Over the summer make sure you complete the transition work which can be found on the website.
  - This should be printed and handed to your teacher during the first week in September.
- Look at the extra reading slide and select one!



# Extra Reading...

| <u>Format</u>         | <u>Name</u>   |
|-----------------------|---|
| Books                 | <ul style="list-style-type: none"><li>• This is Going to Hurt – Adam Kay, 2004</li><li>• The Fault in Our Stars – John Green, 2012</li><li>• Elizabeth is Missing – Emma Healy, 2014</li><li>• One Flew Over The Cuckoo’s Nest – Ken Kesey, 1962</li><li>• No Child of Mine – Susan Lewis, 2013</li></ul>   |
| Films                 | <ul style="list-style-type: none"><li>• Still Alice, 2014 (12A)</li><li>• Hidden Figures, 2016 (PG)</li><li>• To the Bone, 2017 (15)</li><li>• Three Identical Strangers (12A)</li></ul>  |
| Television Programmes | <ul style="list-style-type: none"><li>• The Secret Life of 4 and 5 Year Olds (Channel 4)</li><li>• Old Peoples Home for 4 Year Olds (Channel 4)</li><li>• Born to Be Different (Channel 4)</li><li>• Mum, Dad, Alzheimer’s and Me (YouTube)</li><li>• 24 Hours in A&amp;E (Channel 4)</li><li>• Crisis in Care (BBC Panorama)</li><li>• The Nine to Five with Stacey Dooley: Caring and Sharing (BBC)</li></ul> |