



THE PRIORY ACADEMY

LSST

Extra-Curricular Activities
2019-2020

MODULE 1

This Priory Academy LSST extra-curricular activities booklet details opportunities on offer to students outside lesson time. The full range of activities on offer will be updated and available on the website each module.

These range from sporting activities such as football, rugby and netball to learning new skills within nationally recognised schemes such as CCF and Duke of Edinburgh.

Our House System offers students a variety of activities for all year groups. Every module there are fun challenges and competitions for each House. These challenges include sport competitions, art challenges and pop culture activities as well as many more. There really is something for everyone! Students are encouraged to take part in these events to further immerse themselves in the life of the school.

Major events are run at key points of the year in conjunction with The Priory Association including shows such as the school show.



Our aim is to involve all students in positive, engaging, competitive activities which are intended to develop their physical, social, and intellectual skills so they become well-rounded individuals who will make positive contributions to society.

Monday

Activity	Where?	Who?	Which staff?
Breakfast Club 8:00 – 8:20	Main School Canteen	All Years	Mrs G Avis
Homework Club 3:15 – 4:00	U24	Year 7 - 8	SSAs
Homework Club 3:15 – 4:00	H2	Year 9-11	SSAs
Year 7 Performance Club 12:25-12:55	MU2	Year 7	Mr Billinger
Badminton 12:25-12:55	PE	All years	Mr Duggan
Badminton 3:05-4:15	Sports Hall	All years	Mr Gibbard
KS3 Art Club 3:20-4:20 (apart from 23 rd September, 7 th October, 14 th October, 18 th November, 25 th November, 9 th December)	Q6	Year 7-8	Mrs Roylance-Smith
Priory Leisure 3:10-6pm	Fitness Suite /Track/ Training Room	Priory Leisure Members	The Priory Leisure Team



Tuesday

Activity	Where?	Who?	Which staff?
Breakfast Club 8.00 – 8.20	Main School Canteen	All Years	Mrs G Avis
Coding Club 3:05-4:00	U33	All years	ICT department
Radio Club 3:05-4:00	The Radio Room	All years	Mr G Sleight
Junior Choir 12:25-12:55	MU1	Year 7-9	Miss H Smith
GCSE Art Club 3:05-4:20	Q13 and Q19	GCSE students	Miss Bell
Benchball 12:25-12:55	PE	All years	Mrs Porter
Basketball 12:25-12:55	PE	All years	Mr Hill
Homework Club 3.15 – 4.00	U24	Year 7 - 8	SSAs
Homework Club 3.15 – 4.00	H2	Year 9-11	SSAs
Netball 3:05-4:30	Sports Hall	Year 7	Mrs Swaby/ Mrs Bentley
Rugby 3:05-4:30	Field	Year 7 boys	Mr Bradwell, Mr Clarke
Rugby 3:05-4:30	Field	Girls	Mr Bradwell, Mr Clarke
Climbing 3:05-4:30	Climbing room	All years	Mr Duggan
Combined Cadet Force 3.20 – 5.40	6 th Form (Behind Art/ End of the English corridor)	Year 9 - 13	Mrs C L Thompson
Priory Leisure 3:15-6pm	Fitness Suite /Track/ Training Room	Priory Leisure Members	The Priory Leisure Team
Priory Leisure Swim Session 3:15pm-4:15pm	Swimming Pool	All Years	Mrs E French

Wednesday

<i>Activity</i>	<i>Where?</i>	<i>Who?</i>	<i>Which staff?</i>
Breakfast Club 8:00 – 8:20	Main School Canteen	All Years	Mrs G Avis
Homework Club 3:15 – 4:00	U24	Year 7 - 8	SSAs
Homework Club 3:15 – 4:00	H2	Year 9-11	SSAs
KS3 Photography Club 3:05-4:20	Q36	Year 7-8	Miss Johnson
Fantasy Games Club 3:05pm-4:00pm	Library	All Years	Mrs E Allan
Basketball 12:25-12:55	PE	All years	Mr Hill
Art GCSE Study Session 3:10-4:20	Q19 and Q13	GCSE	Mrs Thomas and Mrs Donnelly
Table Tennis 12:25-12:55	PE	All years	Mrs Bentley
Scuba Club 3.15 – 5.30 (Booking in advance required please email or see Mrs E French to register)	Swimming Pool – All years <i>Working together with the area's premier PADI Dive Centre, Stellar Divers at LSST offer exciting scuba experiences, try dives & full PADI scuba courses at a special student discount only available at the Academy. The try dives run throughout the year and the full scuba course starts in Easter term and as the weather warms up on location in the lake or lagoon.</i>		
Netball 3:05-4:30	PE	Years 8-11	Mrs Porter, Mrs Bentley, Mrs Swaby
Recreational Football 3:05-4:30	Field	All years	Mr Duggan, Mr Fearn
Trampolining 3:05-4:30	Sports Hall	All years	Coach
Priory Press 3:15-4:30	Q7	All years	Miss E Haigh, Mr Rees
Priory Leisure 3:15-6	Fitness Suite /Track/ Training room	Priory Leisure Members	The Priory Leisure Team
Athletics Fitness Training 3:05-4:30	Indoor Sprint Track	Invitation only	Mr Hill

Thursday

Activity	Where?	Who?	Which staff?
Breakfast Club 8:00 – 8:20	Main School Canteen	All Years	Mrs G Avis
Senior Choir 12:25 – 12:55	MU2	Year 10 - 13	Miss H Smith and Mr Billinger
Priory Pride 12:30-1:00	R3	All years	Mrs Staniland
String Ensemble 8:20 – 8:50	MU1	All Years	Mrs E Ward-Caddle
Table Tennis 12:20-12:45	Sports Hall	All Years	Mr Fearn
Badminton 12:20-12:45	Sports Hall	All Years	Mrs S Swaby
Chess Club 3:05 – 4:00	Library	All Years	Mrs E Allan
Homework Club 3:15 – 4:00	U24	Year 7 - 8	SSAs
Homework Club 3:15 – 4:00	H2	Year 9-11	SSAs
Badminton Club 3:05 – 4:30	Sports Hall	All Years	Mr Gibbard
Rugby 3:15-4:30	Sports field	Years 8-13/	Mr P Clarke/ Mr G Bradwell
Priory Leisure 3:15-6	Fitness Suite /Track/ Training Room	Priory Leisure Members	The Priory Leisure Team
Priory Leisure Swim Session 3:15pm-4:15	Swimming Pool	All Years	Mrs E French
Cross Country 3:15-4:30	Field	All Years	Mr Fearn, Mr Duggan

Friday

Activity	Where?	Who?	Which staff?
Breakfast Club 8:00 – 8:20	Main School Canteen	All Years	Mrs G Avis
Jazz Group 3:15-4:10	MU1	All Years	Music Students
KS3 History Club 12:25-12:55	H3	Years 7 and 8	Miss Harrison and 6 th form students
Origami Club 3:05-4:00	Library	All Years	Mrs Allan
Futsal 12:20-12:45	Sports Hall	All Years	Mrs Swaby
5-A-Side Football 12:20-12:45	Sports Hall	All Years	Mr Duggan
Priory Leisure 3:15-6:00	Fitness Suite /Track/ Training Room	Priory Leisure Members	The Priory Leisure Team



What's included and when can I use the gym?

How do I Pay?

The Academy is going cashless. **ALL payments are made using your SIMS PAY account.**

Details on how to set up an account will have previously been sent to the parent email or upon request.

Places for both membership options are limited. The system will not take a payment if it has reached allocation.

Please Note: No pre-payment means NO access to the membership. There can be NO exceptions due to the limited places available.

Qualified staffed sessions to use the Outdoor Track, Fitness suite, Equipped Training room are all available Mon- Fri 3:10pm-6pm. Term time only.

*The Pool is open Tues/Thurs 3:15-4:15pm subject to availability.

YR8-13 can start from W/C 9th September 2019. YR7 can join from W/C 23rd September 2019.

All opening times are subject to change at the discretion of the Academy. Notice of these will be made by student email in as much advance as possible. Look out for emails detailing competitions and challenges throughout the year.

What do I get for the annual fee?

Priory Leisure Annual membership of £80 is the simplest and best value way to access the gym regularly without the hassle of making payments every week. The Priory Annual Fee is based on 38 term time weeks from w/c 09/09/19 to end of w/c 13/07/20 (£133 at PAYG rate). Due to popularity, the Priory Leisure Annual has limited memberships available. Annual Memberships are not transferable.

How does the PAYG work?

Priory Leisure Pay As You Go fee of £3:50 offers access of up to 5 days Mon-Fri of the week paid for. There is no rollover into the following week. . PAYG has limited places available each week for the Mon-Fri membership at £3.50. These places can be pre-booked from Thursday the week before. The amount of PAYG places on offer is subject to change with demand. There is no concession for part weeks of the terms.

Do I need to fill out any forms?

Yes, just for the first time you use the fitness suite. All members must fill out a health declaration and induction form. These are emailed out to all students in September or upon request from the PL team. All under 18years old must have their form signed by a parent or guardian. **New members must present themselves to the PL staff for an induction on their first session.**

What can I wear?

You do not have to wear Priory PE kit. You can wear your own leisure clothes. Please avoid crop tops, string vests or any offensive slogans on garments. Training shoes must be worn. Remember to sign in and out.

Can someone help me get started?

Our fully trained staff will be on hand to help guide you, suggest challenges or plans to complete. Also look out for our Priory Leisure Champions who can offer you tips and ideas or just be there to encourage you along!

Contact details:

efrench@prioryacademies.co.uk — Priory Leisure Manager