

PRIORY LEISURE AT LSST

STUDENT GYM MEMBERSHIP

2026/2027



STARTS MONDAY
7TH SEPTEMBER
OPEN MON-FRI
15:15-17:00
TERM TIME ONLY

MEMBERSHIP INCLUDES:

Fitness Suite and Outdoor Track

Smiths Machine & Multi Trainer*

Slam Balls, Battle Ropes

Resistance Machines*

Free Weights & Bars*

Bikes & Rowers

Sand Bags

Treadmills

Ski-Ergs

and more



ALTERNATIVE GYM OPTIONS AVAILABLE:
YOGA/PILATES/MEDITATION/BODY WEIGHT EXERCISES IN
SEPERATLEY DESIGNED SPACE



Pay As You Go option-£5 per week** Mon-Fri *(Limited spaces each week)*

Annual Memberships - £100** *(Availability limited)*

ALL PAYG STUDENTS MUST BE

PRE-BOOKED AND PRE PAID

USING Parent PAY

Email: efrench@prioryacademies.co.uk

**Restrictions apply on some equipment for YR7/8*

*** Terms and Conditions apply-see information sheet*



PRIORY LEISURE
GYM MEMBERSHIP
2026/2027

OPENS MONDAY 7th SEPTEMBER 2026
15:15-17:00 MON-FRI, TERM TIME ONLY
LAST SESSION FRIDAY 16th JULY 2027

ANNUAL MEMBERSHIP £100/ PRE-BOOK PAY AS YOU GO (PAYG) £5 PER WEEK

TERMS AND CONDITIONS

FREE ATHLETIC TRACK OFFER TO ALL 6TH FORM: Register every time attend using the displayed QR code, or with the PL staff in the fitness suite. Strictly Track activities only. No access to grass areas. Ball games are not permitted.



What is Priory Leisure Membership?

Either an Annual or PAYG membership allows you access to qualified staffed sessions after the Academy day to use the Outdoor Track, Fitness suite and Training room. All year group students can use the facilities*.

I am an YR9, YR10 or YR11 Dual Linguist. How do I use my free membership?

You automatically have a free Priory Leisure Annual Membership. You just need to turn up. You will need to bring a completed health declaration for your first visit (SharePoint> extra curricular> Priory Leisure)

What is the benefit of a Priory Leisure Annual Membership?

The Annual Membership allows access to Priory Leisure every available week throughout the current academic year without any further booking once purchased. Available through Parent Pay. **Monday 7th September 2026-Friday 16th July 2026.**

Term time only. Annual Membership is a **one off fee of £100** (38 weeks of membership from £2.63 per week.) There are limited Annual memberships which are only available to buy until **14.12.26** or when the limit has been reached.

There is no refund for part used memberships and they cannot be transferred to another student.

How do I book as Pay As You Go (PAYG)?

PAYG is booked using a Parent Pay account. All weeks each module are open to book in advance. PAYG costs **£5 per week**. You will book for the current whole week irrespective of how many days you actually attend. No rollover into following week. If your booking does not complete this means the limit of places available has been reached. There is no refund for part used memberships, part weeks due to bank holidays or school term times and they cannot be transferred to another student. Booking weeks in advance is also available.

Do I need to fill out any forms? Where do I get them from?

All members must complete/or update a health declaration and induction form. The Health Declarations are available from your student email, Satchel or SharePoint> extra curricular> Priory Leisure.

All under 18 years old must have their form signed by a parent or carer.

What can I wear?

You do not have to wear Priory PE kit. You can wear your own leisure clothes. Please avoid crop tops, string vests or any offensive slogans on garments. Training shoes must be worn. Changing is permitted in the fitness suite changing rooms.

What safety procedures are in place?

New members must present themselves to the PL Team for a gym induction on their first session.

*There are restrictions on some of the equipment for YR7-YR8. These will be covered in the safety induction.

These safety inductions may need to be revisited for YR9+ students on the first session back.

Students will be encouraged to 'clean as you go' using the materials supplied to help prevent virus transmission. Any official measures will be covered in induction on the student's first visit and updates sent through student email.

For safeguarding, we operate a QR code system and everyone is required to manually sign in the register book upon arrival and sign out on departure.

Can I use my mobile phone in the gym?

Yes you can use your own mobile phone and your own headphones if you wish. However any filming or photography is strictly prohibited.

Can someone help me get started?

Our trained staff will be on hand to help guide you safely around the gym. There are lots of prepared suggestions, challenges or plans available. 1-2-1 Personal Training is not available.

Contact details: Mrs E French efrench@prioryacademies.co.uk — Priory Leisure Manager