







Funded Places Information 1/2

Students with Pupil Premium/Free school Meals/Service Premium are eligible

We are proud to offer a unique variety of activities to learn new skills that evoke new aspirations in our students.

Extra curricular activities provide a platform to build on all our core values:

Build relationships and develops teamwork

Encourage respect and inspire minds

Empower curiosity, and innovation

Nurtures strength and resilience

Our aim is to help students have access to all our extra curricular sports provision.

The Academy offers some activities free of charge and some specialised sports have a fee. We are offering sessions to a fee paying activity at half price to eligible students. Once you have expressed your interest and chosen your activity, an offer of session/s* will be made for your student to book at half price. Depending on the spaces and type of activity, will determine when your funded spaces can start and how many sessions can be funded, which is subject to availability and uptake.

Take a look at the opportunities in this information pack and ensure you read the Terms and Conditions before you apply.

*Scuba diving is a one off session—see their information page

What does a funded offer example look like?

Taylor enjoys working out with friends. The offer was 5 weeks of Priory Leisure Gym Membership (£11.25 instead of £22.50)



Casey's confidence really grew when they completed an offer of 5 sessions of climbing

(£13 instead of £26)

Morgan completed a PADI
Discover Scuba dive award.
They are proud of their
achievement.
(£15 instead of £30)









Funded Places Information 2/2

Students with any Pupil Premium/Free School Meals/Service Premium are eligible

To apply for funding towards an activity please fill in the form using the QR code or email efrench@prioryacademies.co.uk



Once your response has been processed an offer will be made via email with instruction on how to book.

Feedback!

We are always interested in how students get on in their activities, and we welcome any feedback on this initiative

Terms and Conditions

- 1. Funding towards activity places start from Module 2.
- 2. Funded places are only offered through the application process.
- 3. Places for each activity are offered on a first come first served basis.
- 4. The number of funded sessions offered may vary depending on uptake and funding allocation.
- 5. Only one funded activity choice per eligible student.
- 6. Eligible students may be offered their primary chosen activity in a later module or an alternative activity sooner.
- 7. Apart from Scuba Diving*, a succession of sessions is offered to maximise the enrichment offer and cannot be split into single session offers. *Eligible students must complete a PADI Discover Scuba Diver induction session to later access Scuba Club
- 8. Non-attendance to a pre-booked activity cannot be refunded. If prior notice is given an alternative session date may be offered but is subject to availability and at the discretion of the Instructor/Extra-curricular manager.
- 9. All activities must be pre-booked and pre-paid to access funded places.
- 10. Pre-booking acts as confirmation and acceptance of funding offer made. Funded activity places cannot be transferred to another student.

If you have any queries about this club please email Mrs E French. Contact details: efrench@prioryacademies.co.uk





LSST PE Department Clubs

The LSST PE Team offer a variety of clubs which change throughout the year. These are all are **FREE** to attend and NO booking is required.

Just turn up and register using the QR code upon arrival to register

(staff can support with this if required)

All PE team led clubs start at 3:15 pm and finish at 4:15pm

Exclusive to LSST- External coach led Clubs

We have a fantastic range of partnerships with experienced external coaches* which enable us to offer unique opportunities with specialised instruction using our facilities.

These clubs are offered at a subsidised fee. Pre-booking and payment is essential.

Details on how to book are given on each club's page.

All communication with an external club must be through a parent/carer email and not a student Priory email account or the coach will not be able to respond

Please note that there are limited places for some clubs Some external led clubs run until later times and some are only on selected dates

*All external coaches are highly experienced in their specialism, safeguard trained and DBS checked.

Additional Information:

- Students are expected to change into their **Priory LSST PE Kit for all clubs**, unless they have sports specific kit allowed by the individual club coaches. (Priory Leisure members, see terms and conditions Information)
- Most equipment is provided but students can bring their own at their own risk. We do not have storage during the day to leave personal items. Check the full club list to see if you require any specific items.
- Students are expected to use the main downstairs changing rooms with dancers and Priory Leisure members using the upstairs changing rooms.
- All students must register with the club leader every time they attend.

To apply for funding towards an activity please fill in the form using the QR code or email:

efench@prioryacademies.co.uk



Once your response has been processed an offer will be made via email with instruction on how to book.

Exiting the site after 4.30pm

Students can only exit the site via Cross O'Cliff Hill after this time.

Once the club has finished, students are expected to change back into their uniform before promptly leaving the academy site.

The Priory Academy LSST







FULL CLUBS LIST FOR MODULE 2

CLUB	DAY	TIME	ADDITIONAL KIT REQUIREMENTS	FREE/BOOKING REQUIRED
PRIORY LEISURE GYM MEMBERSHIP	EVERY WEEKDAY	3:15PM- 5PM	See additional information	PRE-BOOKING VIA PARENT PAY OR ANNUAL SUBSCRIPTION OR FREE TO YR9+ DUAL LINGUISTS
BADMINTON CLUB ALL YEARS	MONDAY/ TUESDAYS*/ THURSDAYS	3:15PM- 5:15PM	N/A	PRE-BOOK AND PAY FEE DIRECTLY – SEE CLUB INFORMATION
KICKBOXING CLUB YR7 – YR9	MONDAYS*	3.15PM- 4PM	N/A	PRE-BOOK AND PAY FEE DIRECTLY – SEE CLUB INFORMATION
ATHLETIC TRACK CLUB ALL YEARS	MONDAYS	3-15PM- 4.15PM	N/A	FREE SIGN IN USING THE QR CODE
FLAG FOOTBALL ALL YEARS	TUESDAYS*	3.15PM- 4PM	STUDDED BOOTS REQUIRED	FREE SIGN IN USING THE QR CODE
NETBALL CLUB YEARS 7 & 8	TUESDAYS*	3:15PM- 4.15PM	N/A	FREE SIGN IN USING THE QR CODE
DODGEBALL CLUB ALL YEARS	WEDNESDAYS*	3:15PM- 4.15PM	N/A	FREE SIGN IN USING THE QR CODE
FOOTBALL CLUB GIRLS-ALL YEARS	WEDNESDAYS*	3-15PM- 4.15PM	SHIN PADS AND STUDDED BOOTS	FREE SIGN IN USING THE QR CODE
FOOTBALL CLUB YEAR 7	WEDNESDAYS	3.15PM- 4.15PM	SHIN PADS AND STUDDED BOOTS	FREE SIGN IN USING THE QR CODE
MARTIAL ARTS CLUB ALL YEARS	WEDNESDAYS	3.15PM- 4.15PM	N/A	PRE-BOOK AND PAY FEE DIRECTLY – SEE CLUB INFORMATION
SCUBA ACADEMY ALL YEARS	WEDNESDAYS*	3.15PM- 5.15PM	SWIM KIT AND AN OLD T-SHIRT	PRE-BOOK AND PAY FEE DIRECTLY – SEE CLUB INFORMATION
ATHLETIC TRACK CLUB ALL YEARS	WEDNESDAYS	3-15PM- 4.15PM	N/A	FREE SIGN IN USING THE QR CODE
BASKETBALL CLUB YR7/YR8/YR9	WEDNESDAYS	3.15PM- 4.15PM	N/A	FREE SIGN IN USING THE QR CODE
RUGBY CLUB	THURSDAYS*	3.15PM- 4.15PM	STUDDED BOOTS	FREE SIGN IN USING THE QR CODE
CLIMBING & BOULDERING CLUB	WEDNESDAYS*/ THURSDAYS	3.15PM- 4.45PM	CLEAN TRAINERS	PRE-BOOKING VIA PARENT PAY -SEE CLUB INFORMATION

*Selected dates only, check with the lead coach/contact for the club or the PE Team will announce changes through Satchel



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WAT THE

EXTRA CURRICULAR SPORTS ACTIVITIES

EXTRA CURRICULAR SPORT CLUB-Fee to Pay

WEDNESDAYS* 3:15PM-

4:45PM

General Climbing sessions

Suitable for all abilities—lots of fun climbing with games and challenges to enhance your developing skills.

THURSDAYS*3:15PM-

4:45PM

Advanced Climbing

Sessions

Suitable for students already graded at NICAS 2+ or by agreement from our instructor

To apply for funding towards an activity please fill in the form using the QR code or email:

efench@prioryacademies.co.uk



Once your response has been processed an offer will be made via email with instruction on how to book.

CLIMBING/BOULDERING TERMS AND CONDITIONS

Booking is completed using a Parent Pay account.

All sessions are open for the current module to book in advance.

Each session must be individually booked.

Cost is £6.50 per session.

If your booking does not complete this means the limit of places available has been reached for that session.

There are no refunds for non attendance and sessions cannot be transferred to another student.

The Academy reserves the right to cancel unfilled sessions which 24 hour notice will try to be given along with an alternative date.

Frequently asked questions

I am new to climbing, I'm nervous about what to do?

At your first session you will go through a safety induction. There are routes on the walls suitable for all abilities and the Instructor will ease you in gently at your pace. There is no expectation to climb to the top! Try a newcomer session to ease you in.

I have my own climbing kit. Can I bring and use it at the club?

The only equipment of your own you would be permitted to use is climbing

Students will need to use our harnesses and equipment during the club session.

If you have any queries about this club please email Mrs E French.



Contact details: efrench@prioryacademies.co.uk

PRIORY LEISURE AT LSST

STUDENT GYM MEMBERSHIP

2025/2026

APPLY FOR PUPIL PREMIUM FUNDED PLACES

OPEN MON-FRI 15:15-17:00

TERM TIME ONLY



MEMBERSHIP IN-CLUDES:

Fitness Suite and Outdoor Track

Smiths Machine & Multi Trainer*
Slam Balls, Battle Ropes

Resistance Machines*

Spin Bikes & Rowers

Free Weights*

Kettle Bells

Treadmills

and more



To apply for funding towards an activity please fill in the form using the QR code or email:

efench@prioryacademies.co.uk



Once your response has been processed an offer will be made via email with instruction on how to book.

Pay As You Go option-£4.50per week** Mon-Fri (Limited spaces each week)

ALL PAYG STUDENTS MUST BE PRE-BOOKED

AND PRE PAID USING Parent PAY

Email: efrench@prioryacademies.co.uk

*Restrictions apply on some equipment for YR7/8

** Terms and Conditions apply-see information sheet



PRIORY LEISURE GYM MEMBERSHIP 2025/2026

OPENS MONDAY 8th SEPTEMBER 2025 15:15-17:00 MON-FRI,TERM TIME ONLY LAST SESSION FRIDAY 17th JULY 2026

ANNUAL MEMBERSHIP £100/PRE-BOOK PAY AS YOU GO (PAYG) £4.50 PER WEEK

TERMS AND CONDITIONS

FREE ATHLETIC TRACK OFFER TO All 6TH FORM: Register every time attend using the displayed QR code, or with the PL staff in the fitness suite. Strictly Track activities only. No access to grass areas. Ball games are not permitted.

What is Priory Leisure Membership?

Either an Annual or PAYG membership allows you access to qualified staffed sessions after the Academy day to use the Outdoor Track, Fitness suite and Training room. All year group students can use the facilities*.

I am an YR9, YR10 or YR11 Dual Linguist. How do I use my free membership?

You automatically have a free Priory Leisure Annual Membership. You just need to turn up. You will need to bring a completed health declaration for your first visit (SharePoint> extra curricular> Priory Leisure)

What is the benefit of a Priory Leisure Annual Membership?

The Annual Membership allows access to Priory Leisure every available week throughout the current academic year without any further booking once purchased. Available through Parent Pay. **Monday 8th September 2025-Friday 17th July 2026.**Term time only. Annual Membership is a one off fee of £100 (38 weeks of membership from £2.63 per week.) There are limited Annual memberships which are only available to buy until 15.12.25 or when the limit has been reached.

There is no refund for part used memberships and they cannot be transferred to another student.

How do I book as Pay As You Go (PAYG)?

PAYG is booked using a Parent Pay account. All weeks each module are open to book in advance. PAYG costs £4.50 per week. You will book for the current whole week irrespective of how many days you actually attend. No rollover into following week. If your booking does not complete this means the limit of places available has been reached. There is no refund for part used memberships, part weeks due to bank holidays or school term times and they cannot be transferred to another student. Booking weeks in advance is also available.

Do I need to fill out any forms? Where do I get them from?

<u>All</u> members must complete/or update a health declaration and induction form. The Health Declarations are available from your student email, Satchel or SharePoint> extra curricular> Priory Leisure.

All under 18 years old must have their form signed by a parent or carer.

What can I wear?

You do not have to wear Priory PE kit. You can wear your own leisure clothes. Please avoid crop tops, string vests or any offensive slogans on garments. <u>Training shoes must be worn</u>. Changing is permitted in the fitness suite changing rooms.

What safety procedures are in place?

New members must present themselves to the PL Team for a gym induction on their first session.

*There are restrictions on some of the equipment for YR7-YR8. These will be covered in the safety induction.

These safety inductions may need to be revisited for YR9+ students on the first session back.

Students will be encouraged to 'clean as you go' using the materials supplied to help prevent virus transmission. Any official measures will be covered in induction on the student's first visit and updates sent through student email.

For safeguarding, we operate a QR code system and everyone is required to manually sign in the register book upon arrival and sign out on departure.

Can I use my mobile phone in the gym?

Yes you can use your own mobile phone and your own headphones if you wish. However any filming or photography is strictly prohibited.

Can someone help me get started?

Our trained staff will be on hand to help guide you safely around the gym. There are lots of prepared suggestions, challenges or plans available . 1-2-1 Personal Training is not available.

LSST







SENSHI MARTIAL ARTS CLUB

APPLY FOR PUPIL
PREMIUM FUNDED
PLACES



To apply for funding towards an activity please fill in the form using the QR code or email:

efench@prioryacademies.co.uk



Once your response has been processed an offer will be made via email with instruction on how to book. Tom Carruthers, previously an England international 7th Dan Blackbelt and Martial Arts Instructor, is offering a fantastic opportunity to learn and develop essential life skills, supported by Assistant Coach Joe Burton.

The power of learning a martial art is the self discipline and control, respect, and the positive values it teaches which enable students to become good decision makers, accurate judges of situations and ultimately teaches them how to stay safe.

These sessions are energetic and fun, promoting fitness and all round wellbeing.

Tom runs a progressive grading system so belts can be achieved and a clear pathway for further progression can be pursued if desired.

	DAY	TIME	VENUE	FEE
All YEARS	WEDNESDAYS	15.15- 4:15pm	DANCE STUDIO	£5 PER SESSION Book and pay for whole module Wear Academy PE kit or martial arts kit

HOW TO BOOK/PAY

THIS CLUB IS MANAGED BY THE EXTERNAL COACH-

ALL CONTACT MUST BE FROM A PARENT/CARER EMAIL ACCOUNT

To book and access the payment method

Email: carruthers3@virginmedia.com

ALL STUDENTS MUST BE PRE BOOKED AND PRE PAID TO ATTEND

If you have any queries about this club please email Mrs E French. Contact details: efrench@prioryacademies.co.uk





KICKBOXING

Scott Brewer, a former WKU world kickboxing champion, and supported by Victoria Brewer, PREMIUM FUNDED who is a WAKO National Champion Kickboxer, they offer high-energy fun kick boxing sessions.

Delivered by these two motivational instructors, the skills not only help students physically but are great for building self-confidence, self discipline, respect and leadership.

Students will build a repertoire of techniques and is suitable for beginners and those who have had a taste of this fantastic discipline before.

To find out more about kickboxing and what it involves go to:

Scott Brewer kickboxing academy

APPLY FOR PUPI **PLACES**

> To apply for funding towards an activity please fill in the form using the

> > efench@prioryacademies.co.uk



QR code or email:

Once your response has been processed an offer will be made via email with instruction on how to book.

	DAY	TIME	VENUE	FEE
All YEARS	MONDAYS* *SELECTED MONDAYS PLEASE SEE DIRECT DE- TAIL FROM SCOTT	15.15- 16.00	INDOOR TRACK	£5 per session Book and pay for whole module. Wear Academy PE kit or SBKA kit

HOW TO BOOK/PAY

THIS CLUB IS MANAGED BY THE EXTERNAL COACH-ALL CONTACT MUST BE FROM A PARENT/CARER EMAIL **ACCOUNT**

To book and access the payment method

Email: scottbrewerkickboxingacademy@gmail.com

ALL STUDENTS MUST BE PRE BOOKED AND PRE PAID TO ATTEND

f you have any please email Mrs E French. Contact details: efrench@prioryacademies.co.uk





BADMINTON CLUB

External Badminton Instructor Paul Gibbard offers an exciting Badminton club.

This is a two hour session, which is structured into learning the skills and techniques to put into full game play.

The focus is to perfect skills to become a proficient player in a fun environment suitable for beginners to those who have played before.

These sessions provide an excellent foundation to support the physical element in GCSE PE.

The Academy also participates in school games competitions throughout the year. Great for overall fitness and wellbeing.

Develops social skills, competitiveness and confidence.

APPLY FOR PUPI PREMIUM FUNDED **PLACES**



	DAY	TIME	VENUE	FEE
All YEARS	MONDAYS, TUESDAYS & THURSDAYS	15.15- 17.15	SPORTS HALL	£6 Per session Book and pay for whole module

HOW TO BOOK/PAY

THIS CLUB IS MANAGED BY THE EXTERNAL COACH-

ALL CONTACT MUST BE FROM A PARENT/CARER EMAIL ACCOUNT

To book and access the payment method

Email: paul.gibbard.60@gmail.com

To apply for funding towards an activity please fill in the form using the QR code or email:

efench@prioryacademies.co.uk

Once your response has been processed an offer will be made via email with instruction on how to book.

> If you have any queries about this club please email Mrs E French.

Contact details: efrench@prioryacademies.co.uk

ALL STUDENTS MUST BE PRE BOOKED AND PRE PAID TO ATTEND









SCUBA ACADEMY



In a unique partnership with Stellar Divers we have the amazing opportunity to offer the first steps in to the world of scuba diving. From a first time supported experience to further opportunity to progress into a an area of PADI expertise, which is recognised all over the world. To start your journey in the comfort of our academy pool the basics can be taught with the Discover Scuba Dive Experience.

To apply for funding towards an activity please fill in the form using the QR code or email:

efench@prioryacademies.co.uk



Once your response has been processed an offer will be made via email with instruction on how to book.



PADI Discover Scuba Dive Experience

Have you always wondered what it is like to breathe underwater? If you want to try scuba diving, but are not quite ready to take the plunge into a certification course, Discover Scuba Diving is for you. No prior experience with scuba diving is necessary and it's all done in the comfort in of the academy pool. DSD Certification costs £30.



Scuba Academy runs on selected Wednesdays

HOW TO BOOK/PAY

THIS CLUB IS MANAGED BY THE EXTERNAL COACH-<u>ALL</u>

<u>CONTACT</u> MUST BE FROM A PARENT/CARER EMAIL

ACCOUNT

To book and access the payment method

Contact: Simon Hotchkin

email: simon@stellardivers.co.uk

ALL STUDENTS MUST BE PRE BOOKED AND PRE PAID TO ATTEND



After completion of the Discover Scuba

Dive Experience the next steps will be to
enrol on the <u>PADI Scuba Diver</u>. This
course uses multi venues as it
progresses.

The PADI Scuba Diver course is a fantastic introductory route into scuba diving and having a PADI certification means that you will be recognised and respected as a scuba diver at more dive centres than any other dive certification.

PADI have made it possible for many millions of people around the planet to learn to scuba dive. The PADI Scuba Diver certification is the gateway to the amazing underwater world of wonder and awe, opportunity and careers.

Subsidised fee upon enquiry.

