

HEALTHY RELATIONSHIPS

YEAR 7 AND 8

LINCOLNSHIRE
DOMESTIC ABUSE
PARTNERSHIP



Key Information

Today, a member of the Stay Safe Partnership, delivered a Healthy Relationship workshop to Year 7/Year 8.

The workshop covers qualities of a healthy relationship, domestic abuse and identifying controlling behaviors.



Learning Objectives

To understand what makes a healthy relationship

To understand the term Domestic Abuse

To understand controlling and coercive behavior

How to, and where to find help and support.

Key Messages

Domestic abuse is any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over, who are or have been personally connected.

Examples of Coercive Control:



Walking on eggshells.

Name calling and threatening.

Healthy Relationship Traits:



Love Bombing: giving someone excessive compliments, attention, or affection to eventually control them.

Gaslighting: causing someone to question their sanity, memories, or perception of reality.



Importance of the Session



23% of young people exposed to domestic abuse are also demonstrating harmful behaviour themselves.



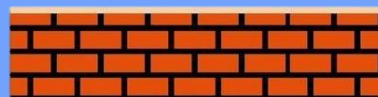
1 in 5

41%

20% of children live with an adult perpetrating domestic abuse.

41% of young girls have experienced some form of sexual violence.

47% of young people exposed to domestic abuse are being directly harmed by the family member.



72%

49%

72% of girls and 51% of boys had experienced emotional violence.

49% of boys thought hitting a partner would be 'okay'. Safe Lives (2017).



Useful Information

Warning signs in young people may include emotional dysregulation, avoidance behaviours and isolation from friends and family.

Support Services

LINCOLNSHIRE
DOMESTIC ABUSE
SPECIALIST SERVICE

HERE4YOU

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