

18th January 2021

Dear Parents/Carers

As we move into week two of remote learning, we wish to highlight some more tips and tricks to achieve effective, safe learning while at home and online.

- 1. Online Safety Every Monday a new online safety lesson will be produced and emailed out to all students. These lessons are designed to educate students about an online safety-related topic, alongside tasks to complete, to help inform our young learners about the dangers that can be found online.
- 2. New devices and parental controls An essential action when children have new devices is the set-up of parental control. Most devices allow you to customise their settings to determine which apps / games / social media they can download. Use the following website to help you set up a range of different controls: https://www.internetmatters.org/parental-controls/. Some of these guides range from how to set up restrictions on messenger apps (e.g., Snapchat) to how to block access to certain websites featuring sensitive content (e.g., gambling.)
- 3. Public spaces It is important to consider where devices are being used at home. Wherever possible learning devices should be moved out of the bedroom; studies show that working in bed or in your bedroom can cause difficulty sleeping as the brain remains active and disassociates the bed with sleep.

We hope that these tips are useful to you and we thank you for your continued support in keeping all children safe online.

Yours faithfully, Mr C Donaldson Online Safety Team



