

BBC iplayer Documentaries

These BBC documentaries might be of interest to you. They cover a range of subjects that will help you develop a wider awareness of the world we live in and the challenges faced by many. You might find some of them highly informative on a personal level and many will help you understand a range of viewpoints that might oppose your own.

In terms of relating them to your English studies, they could be useful in several ways:

- Providing you with ideas for the GCSE Speaking and Listening Assessment
- Allowing you to develop a more nuanced understanding of a wide range of topics which could improve your skills for GCSE English Language Paper 2
- Allowing you to engage with people – and therefore fictional characters - on a more empathetic level.

To access, just go to BBC iplayer (you might need to create an account). It is free of charge as your household will already have paid for this service through the TV licence.

You can search for the programme via 'search' facility or the 'A-Z' tab.

Mental Health Issues

Being Gail Porter

A reminder of the fragile nature of life's stability

Stacey Dooley on Mental Health

Students on the Edge

Jesy Nelson: Odd one Out

Little Mix singer on mental health/online bullying

Careers

Behind the Lines

Following new recruits during Armed Forces training

How to Make a Royal Marines Officer

How to Break into the Elite

Can working class students with top grades get the best jobs?

Body Image, Diet and Lifestyle

Ugly Me: My Life with Body Dysmorphia

Work It: Body confidence stories

The Truth about Takeaways

Hayley Goes...

exploring diets, technology, exercise, aging (amongst other things)

Beauty Laid Bare

A series looking at the ugly side of the beauty industry in terms of damage to the environment and other unethical practices

Veganville

The Environment and ethics

Extinction Rebellion: Last Chance to Save the World

Breaking Fashion

Attenborough: 60 years in the Wild

Meat: A threat to our planet?

Unmasked: Make-up's Big Secret

Teens Taking on Deliveroo

Inspirational Stories

Body Hack: Metal Gear Man

One man's recovery after a terrible accident. Might interest the scientist too.

Driven: The Billy Monger Story

Child of Our Time

A documentary charting the lives of children born in 2000 at various points

Topical Issues for Teens (potential for speaking and Listening)

Shame in the Game

Racism in football

Teenage Knife Wars

Jermaine Jenas investigates in Nottingham

Inside Britain's Black Market

Who's selling fake stuff?

Is this Sexual Harassment?

Universal Credit: Inside the welfare state

Suffragettes

Lucy Worsley investigates votes for women

The Man Who Saw Too Much

An experience of the Holocaust

How the Middle Class Ruined Britain