

THE PRIORY ACADEMY

LSST

Priory Press

Module 4 - Edition 2



Year 7 Experience

Violet Sawkins

The Big Leap

Covid and lockdown disrupted so many things about life and moving up to “Big school” was one of them.

Life in year six, at Welbourn Primary School was already very strange. Teachers wore masks, we sanitised regularly and social distancing was enforced between years. Inevitably we went into lockdown which meant learning was harder, as we didn't have our usual support. Whilst in lockdown, we couldn't really go out much or see anyone either, so keeping up with friends was challenging too.

Coming to LSST for year seven was very difficult. The worst thing was missing out on the induction day because of Covid. This would have been a chance to make friends before the start of term and was particularly important as I was the only student coming to LSST from Welbourn and didn't know anyone.

Although, life as a year seven is amazing: it is lots more exciting, there are many more subjects, I have made lots of new friends and there are loads of interesting and fun after school clubs and opportunities.

But now, I can't remember life without Covid as it has been a part of my life for almost two years. It still seems weird that people don't wear masks anymore or social distance much and most things are going back to 'normal' now.

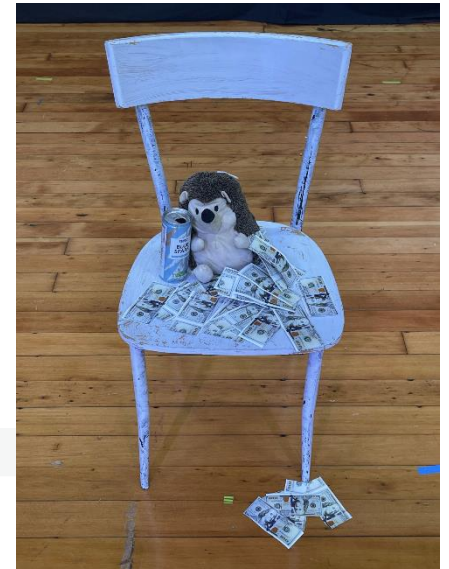
Chicago

William Fitzgerald

Interview with Miss Scarratt

My main roles as were co-director and the choreographer for the show. It was definitely enjoyable to see students performing again on stage together after we haven't been able to do that for a while, so it was great to see a vision come together finally. There are always difficulties but when you watch the product on the show nights, you forget about anything that was difficult along the way and just enjoy the students celebrating their achievements and accomplishments nothing major happened that I can remember! We were quite organised with most things... especially poor Ed, who sorted out costumes on the nights having to fix Amos's boiler suit (which had a broken zip) the morning of the first performance.

There are so many fun stories, but just watching everyone having an amazing time backstage was great in itself. I Just wanted to say an amazing well done to everyone involved and thank you for the amount of time, energy and patience everyone put in and for the audience to come and see it. It's just such a great time for everyone, you make new friends, you meet people you probably wouldn't usually, you get an opportunity to perform in various roles and it's fun!



The show's unofficial mascot Pickles with a nice drink and \$100 bills!

Chicago

William Fitzgerald

Interview with Grace Jackson

My role in Chicago was as Roxie Hart; it was so fun to play this character as Roxie has some great scenes and I got to interact with a lot of other characters but it was difficult to find a balance when acting and to not be too over the top with the character but to not downplay the role.

There were little things that went wrong on stage and mistakes of course but not any major problems during the show.

It was really fun before the show, everyone was very excited and there was junk food all over the place after the pizza and the party!

The school show creates a great community and you really bond with the cast. It's so cool to watch such a big project come together and have so much fun in the process.

Entertainment News

Orlagh Oldfield

Grammy Awards 2022

The Grammys is an award show established to “recognise outstanding achievement in the music industry”. The name Grammys was decided after a mail in contest. The winner, Jay Danna had the idea to shorten the word gramophone (an old-fashioned record player). Although it went out of style decades before the first Grammys, the legacy of the gramophone has continued in the name and even the trophy which is a small rendering of the music player. The Grammys is considered to be one of the major annual award shows, along with the Academy awards (for film achievements), the Emmy Awards (for television achievements), and the Tony Awards (for theatre and Broadway achievements). It was first held in May 1959 with 28 Grammys awarded. This year’s Grammys is taking place on April 3rd, 2022, after being postponed from January 31st. The most famous categories are album of the year, song of the year, record of the year and best new artist. The Grammy’s are a great chance for new and classic artists’ achievements to be appreciated; they also gives producers and people working behind the scenes recognition for their hard work and talent.



Sports News

William Mayall

Russian sanctions and Chelsea FC

With tensions rising in Ukraine, Russian Chelsea owner Roman Abramovich has parted ways with Chelsea, selling the club. With Chelsea still being linked with the billionaire however, many sponsors have departed from sponsoring Chelsea giving them only £20,000 to spend on away travels which will be increasingly hard if they have a good Champions League run meaning they may have to forfeit from the competition.

Sponsors such as mobile network Three have parted ways with Chelsea decreasing the finance to spend on players contracts at the end of the season.

New owners that are interested in buying the club is a big name Saudi Arabia social media group, however this may not appeal to all fans as they could be saying that the money is “dirty.” Even though the prime minister Boris Johnson has said not to chant the past owners name (Roman Abramovich) the Chelsea fans cannot help themselves because of some of the memories have they had such as winning the Champions League and numerous other big competitions while the club was owned by Abramovich.

Gaming News

Elliot Richardson Bushell

Spiderman: Miles Morales (PS5)

If you are into video games then this is a good review of one of the most popular games on the PlayStation. Spiderman Miles Morales first released on the 12th of November 2020. It has won a number of awards and more and more people play it every day. An incredible 6.5 million copies have been bought, surpassing any PlayStation game ever made.

It has been awarded best graphics, narrative and animation in the year it was made as well as several of the music producers winning awards for the things they added in the game. It was awarded best game of the year and many reviews seem to agree some stating it was the best game of the decade.

Personally I think the game is incredible to play, the graphics are amazing and it genuinely is a really fun game. Even though Miles Morales only made his comic book debut in 2011, he has become an incredibly popular character, having a film and game based on him.

There have been no information about a third Spiderman game releasing but Sony have said there is still many stories left to tell for both Peter and Miles. Hopefully we will see some more incredible games like this in the future.



Wellbeing Advice

Haania Qureshi

The horrible reality of stress

Stress is different for everyone. It can feel like a huge weight on your back, walls closing in, makes your heart race like there's no tomorrow, and feels terrible. It can be caused by anything – moving house, homework, before a test, awaiting test results, relationships, pretty much anything. Some of these things happen at the same time which just make things a lot worse. Stress has been medically shown to cause effects on your body, mood, and behaviour.

- Effects on body can include headaches, dark eye circles, muscle tension or pain and chest pain.
- Effects on mood can include anxiety, restlessness and lack of motivation or focus.
- Effects on behavior can include overeating (or undereating), angry outbursts and drug or alcohol misuse.

These are just some examples, but in reality there are a lot more things stress can do. Unfortunately, stress is inevitable, and nobody can avoid it. Its experienced with all ages, races, ethnicities, genders, sexualities, and nobody can escape it. All they can do at most is reduce it. Here are some ways you can reduce stress and therefore reduce the effects of stress:

- Take a warm shower or bath – all your worries and stresses go down the drain; it feels very nice on the skin, and its very relaxing



- Go for a walk – walk around and look at the pleasant sceneries, leave all your worries behind you at home or at work, and just dive into a different world entirely: breathing fresh air really helps
- Do not procrastinate – if you leave a job for later and do a luxury activity first, you will not enjoy it and the stress will build up, which will make you more stressed as you haven't finished your work, which makes you more stressed, and it keeps continuing in a never-ending loop.
- Treat yourself! After you have done your work watch a film, visit your friend's house, go shopping, eat a treat: do something to refill your energy tank – you deserve it!
- Get plenty of sleep and eat right – even though in the moment of stress and panic these things would likely be on the bottom of your priority list, they are still very important and you should never forget to do them!



Sports News

William Mayall

Formula One starts again

The F1 season is starting again on 20th March and the tensions are rising! The races, the drama and the cars. Max Verstappen vs Lewis Hamilton is the biggest build up however, as after last season's gripping title race came to an unfortunate end to Hamilton being overtaken on the final lap after a stoppage. This season there have however been some changes.

For the first time ever, Formula 1 will introduce spending restrictions to make the sport fairer and more sustainable, more standard parts and more limits on components, revised race weekends and less wind tunnel testing.

Traditionally, regulations have been changed for safety, as if F1 just keeps letting teams make their cars faster and faster - the last era of cars were the quickest ever - then it gets more and more difficult to make the sport as safe as possible.

One of the races has also been changed from Russia due to the recent tensions which have been rising between Ukraine and Russia.

If this season of driving is as exciting as the last then we are in for an exciting new season of F1.